

Altamont High School Gymnasium

June 10 – 14th, 2019

Divisions(Grade going into)

Coach John Niebrugge's



Individual Offensive Basketball Fundamentals Camp

Session I – 4th, 5th, 6th Grade 8am-12pm

- Basic Skills
 - Ball Handling
 - Passing
 - Pivot feet
 - Basics of shooting
 - Moves off the dribble
- Competition Drills
- Games

Session II – 1st, 2nd, 3rd Grade 1-3pm

- Basic Skill
 - Ball Handling
 - Passing
- Games

Session III – 7th, 8th, 9th Grade 3:30 – 7pm

- Offensive Skills
 - Guard moves
 - Post moves
 - Ball Handling
 - Form Shooting with evaluation
- Competition Drills
- Games

\$40 per camper (if multiple campers from same family, each additional camper is \$20)

- Trophies for each division of competitions
- T-shirt for each camper

Cut this portion off return with money by May 24th for guaranteed sized T-shirt

Camper _____

Grade going into (2019-20): _____

Session: _____

Shirt Size:

Adult: S M L XL

Youth: S M L XL

Make checks payable to: Altamont Boys Basketball

Mail to (with cash or check):

Altamont High School
Attn: John Niebrugge
7th S. Ewing St.
Altamont, IL 62411

Or

Return to Altamont High School

Walk-ins accepted but shirt may not be available until further date

Email jniebrug@altamontschools.org with questions or pamphlet.